

Out On A Limb

December 2025

Peer Group

As someone very special always said:
COME TO GROUP! Peer group is offered every Wednesday at 1100 in room 1C150 all month!

**NO Group December 24

Appointments

VA requires us to ensure you have received the prosthetic limb we ordered and that you are happy with it. We request that after you receive your completed prosthesis from your community provider that you call 702-791-9000 x 15985 to schedule a phone, VVC or in person appointment.



Our Stand Up Comedian

By Jenna McGee

Veteran Christy McCoy served in the Army's Infantry. He was stationed in Germany for 3 years. Upon meeting with him, his humor was the first thing I noticed. He is a self-proclaimed "knucklehead" with a positive outlook on life; despite challenges he has faced. Since his discharge from the military, he has undergone bilateral amputations, done on separate occasions as a result of his diabetes. While Mr. McCoy may not show it, he candidly discussed his experiences with depression. He combats this with lighthearted jokes and said "this is part of the path I took. I make the best of it." Even with this challenge, he has continued to bring a smile to people's faces.

Veteran McCoy is planning his upcoming career as a "stand-up comedian with no legs." He plans to start out online, using platforms like TikTok, to reach a bigger audience. In the meantime, he shared some light anecdotes with us:

A little girl walked past him, very intrigued by his amputations. She was too timid to ask initially but worked up the courage to say "excuse me sir, did you know you're missing your legs?" He looked at the girl and said "Did they run off again?" The little girl's surprise was apparent on her face as he began to laugh.

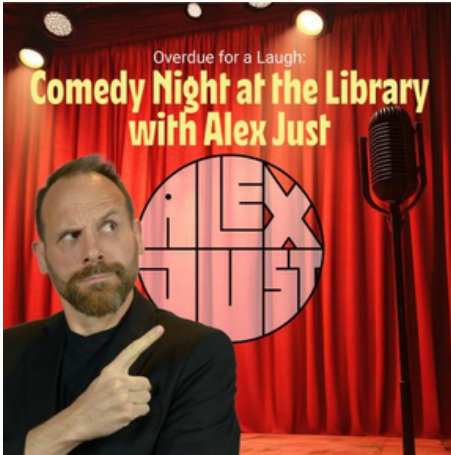
Mr. McCoy understands the importance of educating children's curiosity. Their reactions differ from adults and may come across as blunt, but with the right education, they will learn how to approach these situation with kindness.

He shared his comedy origin story with us, dating all the way back to his childhood. His father would say "if you have time to laugh, you have time to work". Young McCoy disregarded this and continued to bring out laughter among family and friends.

Veteran McCoy was also kind enough to discuss his experience with diabetes during his "next stage in life." Despite this, Mr. McCoy uses comedy as it "brings the spirit into you." Mr. McCoy also spends time helping other Veterans with sharing resources and support. His light continues to shine within the Las Vegas VAMC. Thank you Mr. McCoy for all you do for other Veterans and we look forward to seeing you at the Comedy Cellar.



Library Activities



Speaking of comedy....The Sahara West Library is hosting Alex Just December 1, 2025 from 6-7pm.

This event is free and open to the public and will be seated first-come first-serve.

For more information please call 702.507.3631

The Library District hosts a variety of events that can be found on their website: <https://events.thelibrarydistrict.org/a=Adults&r=range&start=2025-12-01>

Other events this month include:



Chair Yoga: December 4th and 5th



Parenting Project: Nurturing Fathers: Wednesdays

HAPPY HOLIDAYS!