



Out on a Limb

September 2026

Welcome our new prosthetist!

Alyssa Brajas joins the Amputee Care Team as the new Certified Prosthetist Orthotist. Make sure to say hi next time you are over in prosthetics.



In The News...

Julien Veysseyre becomes the first amputee to finish the Ultra Trail du Mont Blanc (UTMB). Mr. Veysseyre ran 44:16:04 on Sunday to finish 1,575th. UTMB runs no para classification, so the result files Veysseyre in the 35-39 men's category alongside all other participants in that category. Veysseyre lost his right leg below the knee after a workplace accident at 18. He came to endurance sports through triathlon and won a para cross-triathlon world title in 2023.

In History:

- **Amy Palmiero-Winters:** Finished the Heartland 100-mile run in 18 hours and 54 minutes in October 2009 as a below-knee amputee.
- **Adam Popp:** Became the first above-knee amputee to complete a 100-mile ultramarathon within 30 hours in 2016.
- **Brian Reynolds:** Became the first double (bilateral) below-the-knee amputee to complete the grueling 100-mile Leadville Trail 100 Run in August 2026.



The Pink Grocery Bus is
COMING TO VASNHS!
THE JUST ONE PROJECT
GROCERIES
on the go!

PLEASE NOTE:
 WE WILL BE CLOSED
 NOVEMBER AND
 DECEMBER.
 IT'S YOUR CHOICE!

BRINGING
 HEALTHY FOOD
 TO COMMUNITIES
 ALL ACROSS
 OUR VALLEY!

SHOP A GREAT
 VARIETY OF:

- FRESH PRODUCE
- MEAT
- CHEESE
- CANNED GOODS
- FROZEN FOODS
- AND MORE!

**EVERY
 4TH TUESDAY**
 11:30 AM - 1:00 PM
 VA MEDICAL CENTER
 NORTH LAS VEGAS

EASY,
 CONVENIENT,
 RIGHT HERE
 AT THE VA!

FRESH FOOD. ♥ GREAT PRICES. ♥ STRONGER COMMUNITY.

THE JUST ONE PROJECT
Our mission:
 To provide access to healthy,
 affordable food and help
 build stronger, healthier
 communities.

SHOP SMART.
 SAVE MONEY.
 EAT WELL.
We care.
 We serve. We shop together. ♥

THANK YOU FOR
 SUPPORTING
 OUR VETERANS

VA Southern Nevada Healthcare System

Veterans Town Hall

PAHRUMP

Tuesday, September 29

Resource Fair 10 a.m to 1 p.m.

VA Town Hall event 11 a.m to Noon

 **CHIEF TECOPA CEMETERY**
 VETERANS MEMORIAL BUILDING
 751 East Street, Pahrump, NV 89048

For more information,
 scan the QR code



www.va.gov/southern-nevada-health-care/events

Veterans can submit their
 questions via email prior to the event
vhalaspaomailbox@va.gov

   U.S. Department of Veterans Affairs
 Veterans Health Administration
 Southern Nevada Healthcare System



PEER GROUP

As someone very special always
said:

COME TO GROUP!

Peer group is offered every
Wednesday at 1100 in room 1C150
all month!

NO GROUP ON SEPTEMBER 16

Special Guest Presenter and Fellow
Veteran October 14



ANNUAL APPOINTMENTS

The VA requires us to ensure you have
received the prosthetic limb we
ordered and that you are happy with it.
We request that after you receive your
completed prosthesis from your
community provider that you call 702-
791-9000 x 15985 to schedule a phone,
VVC or in person appointment.

